

ಆಶ್ವಾಸನ್ ಫೌಂಡೇಶನ್ ಪ್ರಸ್ತುತಪಡಿಸುತ್ತದೆ

Aashwasan Foundation  
presents



Bruhat Bengaluru  
Mahanagara Palike



# WALK FOR NAMMA CITY HEROES POURAKARMIKAS



Aashwasan Foundation conducted the 3km walkathon on 30th July to thank and honour BBMP and Pourakarmikas for their yeoman service in keeping the city lanes and our homes clean.

Clad in 'green', with smiles on their faces, people gathered early morning for the walk to show their support and gratitude to pourakarmikas. The Senior Health Inspector of Sarvagnanagar, Mr Hanumanthappa, and some of the BBMP office-bearers presented medals and mementoes to the pourakarmikas. He was extremely happy, deeply appreciative and grateful to Aashwasan Foundation for conducting such an event. Never before were pourakarmikas acknowledged by the public or any organization in this manner.





Representing 8 wards of Sarvagnanagar, 112 pourakarmikas participated. Respective junior health officers also enthusiastically participated in the event. Over 80 people walked for the cause and thereafter were honoured with medals. Children were the first ones to be felicitated as they beamed with smiles looking at the shining medals. It was a beautiful moment when one of the participants, Mr Gowrishankar, touched the feet of a woman pourakarmika saying that he has seen her for years and he bows down to her dedication and diligence.

Pourakarmikas were called out and awarded medals and mementoes, who later on blessed Aashwasan for acknowledging them and their work. They took selfies and photos with the Aashwasan team. The program ended with a sumptuous breakfast.

Later, Mr Hanumanthappa spoke to the Aashwasan Foundation team and promised to give all the support required for conducting Holistic Health workshops for pourakarmikas. The objective of these workshops is to bring holistic transformation in their lives as these address physical, mental, emotional and behavioural aspects of their well-being. As Aashwasan Foundation expressed its wish to bring such transformation in the lives of pourakarmikas in the entire Bangalore, Mr Hanumanthappa assured that he would do his best in supporting Aashwasan in this initiative.

**If anyone wishes to support this initiative, do connect with us!**  
**[View all of the photographs here!](#)**

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