

Doubt - Friend or Foe? #Letstalk

SPIRIT-U-ALL®
CONVERSATIONS
THAT ENLIGHTEN LIVES

Do you find yourself bothered with recurring thoughts of doubt and confusions? Do doubts cripple your mind in making right decisions? Does it bring your confidence down?

If you have been in such situations, and wish to go deeper within to see what doubts are and where they come from, join us in a conversational space of Spirit-U-All, a space specially created to enlighten the experiences of life.

Spirit-U-All is an intense, enquiry oriented, experiential forum designed to uncover the truth about the most subtle, vulnerable and deep experiences of oneself. It's a journey one takes through the world of emotions, questions and confusions towards a space of clarity.

What are doubts? Why do we experience them?
When do we heed them and when do we ignore them?
How do we become free from nagging doubts?

Share, introspect and express...

Connect to real life experiences of your fellow travellers!

31 Aug 2019
3PM-6PM
REGISTER NOW

Venue: Times Foundation, S&B Towers, Bangalore, 560001

Price: Rs 1500 (Incl.Tax)
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